

## South East Regional Family Support Network Bereavement Group 2024

The bereavement support group provides a safe space for family members who have experienced the death of a loved one because of problem substance use or related issues. A place to share their experience of loss and grief amongst peers, and to help them find support for themselves and their family at this difficult time.

It can help to feel you are not alone.

The group is facilitated by two trained psychotherapists and will include respite and other opportunities that may be relevant.

This is a free service specific to the South East Regional Family Support Network

Commencing: Tuesday 27<sup>th</sup> of August 2024 at 10.30am - 12.00pm  
and will continue for 8 weeks

Where: Millennium Building, Church Rd, Lisduggan,  
Waterford. X91 FN5V

Contact Details: Riona @ 086 6045805

Catherine @ 083 0162069 Email: [info@serfsn.org](mailto:info@serfsn.org)